



# JULIA MONK

## PROFESSIONAL ACTOR

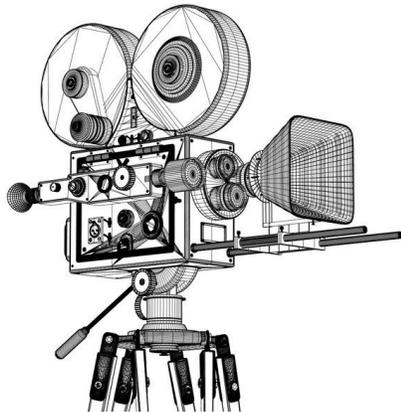
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I am a 30-year-old, half-Canadian-half-Spanish, aquarius actress from a small southern Ontario town. I come with a decade of acting experience in film, television and theatre -and, another 15 years of acting experience in the customer service industry. I especially like taking roles in comedies.

5' 9"  
125 LBS  
HAZEL EYES  
BROWN/BLONDE MIX

### CONTACT DETAILS

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### TRAINING & EDUCATION

LA - The American Academy of Dramatic Arts 2017  
- Summer intensive graduate  
VANCOUVER - The Vancouver Film School 2011  
\*Foundations of visual art & design  
- Graduated with honours, class speaker

### ACTING EXPERIENCE

#### COMMERCIAL

**I've been cast mostly in travel and tourism commercials.**

Lead -Florist in "Cantec" app ad (Advesa Digital Solutions)  
Supporting - Female Entrepreneur in "YWCA" ad (Moves Media)  
Lead - Female lead in "Vancouver Visitor Centre" ad (VVC)  
Lead - Lead in "Pure Flavor Farms" ad (Deplonty Productions)

#### FILM & TELEVISION

**I've been cast mostly in dramatic films.**

Supporting - Joan, in the short "Bull!" (Black Water Productions)  
Lead - Lauren, in the indie feature "Vitreous" (V12 Films)  
Lead - Host/Reporter, in "Growing Exposed" (Green Planet)  
Lead - Reality TV contestant/artist, in "Crash Gallery" S2E2 (CBC)  
Body Double - for Taylor Schilling in the feature "PHIL" (Greg Kinnear)

#### THEATRE & LIVE PERFORMANCE

**I work with universities as a live 'patient' during student exams in the medical field. I am a part of training the future doctors of Canada.**

2016 - Present - Standardized Patient

**I work on local film sets part time as a background actor**

2015 - Present - BG

#### ADDITIONAL SKILLS

- Formally trained in sketching&painting
- Formally trained and worked as a professional photographer for 5 years
- Worked 5 years on&off air in radio broadcasting
- Formally trained by former ANTM model Brittany Sharaun on runway
- Self-defence trained
- Manual&automatic driver
- Hockey&ice skating
- Soccer
- Running
- Yoga
- Swimming
- Hiking